



**sound
minds**

**Breathe Music
Vocal Practitioner
Recruitment Pack
October 2026**

About Sound Minds

The arts for mental health – peer support delivered creatively

Sound Minds is a user-led charity transforming lives through music, film and art. We are a thriving community bound together by creativity and a shared belief in mutual learning and peer support.

Funded by Arts Council England, our Battersea studios house a creative community with music rehearsal, tuition, recording, filmmaking, drama, a visual art studio, and a choir.

Our Canerows Programme delivers a ward visiting service at Springfield Hospital and community-based Peer Support.

About the Breathe music project.

Breathe Music is a weekly music project at Sound Minds that supports young adults (18-30) to engage with music in a safe, welcoming and creative environment. Through regular music-making opportunities, participants can develop their skills, explore their creativity and connect with others.

The project aligns with Youth Music's aims of increasing access to inclusive, high-quality music opportunities and supporting positive outcomes for young people through creative expression.

This role will support timely and targeted vocal based interventions for participants who would benefit most from additional support.

Breathe Music participants are aged 18-25 and have mixed levels of musical experience, from complete beginners to more experienced musicians. Therefore, all Breathe sessions are delivered in a flexible and supportive way.

Job Title:	Vocal Music Practitioner
Salary:	£20.70 / hour (5 Hours pw)
Start date:	January 2027
Contract:	Temporary contract to 1 st November 2028 (potential to extend subject to funding)
Working hours:	5 hours per week on Wednesdays
Reporting to:	Creative Programme Manager
Relating to:	Music Project Worker Sound Minds' Sessional Workers Sound Minds' Breathe Music Volunteers
Location:	Due to the nature of this role, you will be required to work in-person from our Battersea premises: Sound Minds, 20-22 York Road, London, SW11 3QA

Responsibilities:

Vocal sessions

- To work with young people experiencing mental health challenges in individual 1-1 and group vocal music sessions.
- To support creativity through singing, vocal development, harmonies, and music production if possible.
- To enable participants to progress on their creative journeys, building confidence, self-expression, and ownership of their voice.

General

- To communicate well with the members and users and demonstrate a helpful and friendly attitude at all times.
- To maintain good relationships with other staff and members and to show sensitivity to their support needs, aspirations and creative direction, regardless of ability.
- To promote respect, tolerance and understanding for the beliefs, cultures backgrounds and creative direction of members.

- To complete mandatory training in line with Sound Minds' practice, including Safeguarding Vulnerable Adults, Level 2.
- To adhere to Sound Minds' policies including for Health and Safety, Safeguarding and Data Protection.

Person Specification

Essential

- Experience in facilitating 1-1 and group vocal sessions
- Experienced musician with music production skills
- Experience of working with people with mental health problems in any setting
- Teaching or training experience
- Strong knowledge and experience of vocal practice
- Able to learn and be supported through supervision
- Excellent verbal communication skills
- Ability to work well under pressure
- Able to relate to a wide range of people
- To be proactive and have a positive and can do attitude
- Flexible attitude to working hours
- Caring attitude towards people living with long term mental ill health and an understanding of how this role supports the needs of people with mental health issues
- Well organised, with good time management skills and attention to detail
- Willingness to have a Disclosure and Barring Service (DBS) check.
- A commitment to Sound Minds' Inclusion Policy and Safeguarding Policy.
- To undertake relevant training required for the role (e.g. safeguarding, de-escalation, health and safety).

Desirable

- Teaching qualification
- Able to play at least one musical instrument
- Recognised course in music
- Lived experience of mental ill health

An enhanced DBS (criminal records) check will be required before starting, we will also require written references.

We welcome applications from all suitably qualified candidates and encourage applications from people with lived experience of mental ill health.

As part of our commitment to improving representation within our workforce, we particularly encourage applications from women, trans people, non-binary people, and people from the Global Majority, who are currently under-represented within the Breathe team.

How to apply:

Deadline for applications: 10:00am, Monday 26th October 2026

Please note: we may close the opportunity early if we receive a high number of applications, so please submit your application promptly.

Application form:

- Download the Application pack for the role from our website: www.soundminds.co.uk/news/recruitment/
- Send us your CV and covering letter to staff@soundminds.co.uk with Breathe Vocal Practitioner as the subject line.

Equal Opportunities Monitoring Form:

- Please also complete the Equal Opportunities Monitoring Form from the link on our website.

We want everyone who believes they meet the person specification to feel comfortable and confident applying for this role. It is our responsibility to make the application process accessible - if you require this pack in a different format or if you would like to apply in a different way, please email Sound Minds' Administrator, Lindsey, at lindsey.cross@soundminds.co.uk

Interviews: Interviews will be held in-person at Sound Minds, 20-22 York Road, London, SW11 3QA. There is a space on the application form to let us know of any access requirements you may have for the interview.

First interviews: First two weeks of November

Second interviews: date to be confirmed